

The logo features the word "Virtual" in a white, rounded, handwritten-style font. The letter "i" is replaced by a black circular icon containing a white mountain range and a location pin. To the right of "Virtual" is a black silhouette of a wine glass. Below this, the words "CYCLE TOURING" and "FESTIVAL" are stacked in a bold, black, sans-serif font.

**Virtual**  
**CYCLE TOURING**  
**FESTIVAL**

25 – 26 April 2020



**PROGRAMME OF EVENTS**

# Welcome

## *to the Cycle Touring Festival 2020!*



This year would have been the 6<sup>th</sup> Cycle Touring Festival, which up to now has always been held in Lancashire, UK.

For obvious reasons, we couldn't hold the festival in the usual way this year. Instead of cancelling it completely, we've decided to hold a virtual festival. As we've pulled this together in just three weeks, the programme is a slimmed down version of what we usually offer, but we hope you will still enjoy it.

Everything is free of charge to watch or listen to, but we are asking people to consider making a donation to the **National Emergencies Trust Coronavirus Appeal** in return. Funds raised help those people who have been most affected by the coronavirus pandemic, with the money distributed via local charities across the UK. If you can spare some cash, please donate [here](#).

You can also buy a CTF t-shirt or stem cap on our website, with all profits going to the same charity appeal. Buy those [here](#).

The festival is organised by volunteers, and none of us are paid for our time. Thanks in particular to **Barry and Geoff** for putting together a virtual film programme, **Graham** for all his help getting speakers sorted out in this virtual world, **Kevin** from Ghyllside Cycles for sorting out our branded t-shirts and stem caps and **Tim** for managing the website and looking after the baby while I was distracted by the festival. And not forgetting **Nancy**, for having the idea of taking things virtual in the first place!

Finally, a huge thanks to **all our speakers** who have offered a contribution to the programme. The festival relies on their time, knowledge and enthusiasm.

Enjoy the programme.

Laura



# An explanation

## *How does a virtual festival work?*

(PART 1)

**There are three main types of event happening this weekend:**

### **1. Live events**

Many events this weekend will be happening live.

They are mostly talks and presentations, but there is also a 'pub' quiz, 'cake break' social and an 'open mike' session.

**You need to register in advance for all live events.**

Links to register for an event are in the programme below.

Live events are hosted using 'Zoom'. For details on joining a live Zoom event, see the next page.

### **2. Pre-recorded content**

As well as live events, there are lots of talks, presentations, films and podcasts that can be accessed at any time over the weekend.

This pre-recorded content is accessed online, mostly via YouTube.

For the full list of pre-recorded content, see the programme below.

### **3. Twitter Q&A**

Ask a panel of experts about key cycle touring issues. You don't need to be on Twitter to follow the debate (but would need an account to ask questions or make comments).

There are three separate Q&As happening over the weekend. See details in the programme for more information.

# CTF community

## How does a virtual festival work?

(PART 2)

### Why community matters

The Cycle Touring Festival is all about the community of people who take part in it. As organisers, our job is to facilitate people coming together to share knowledge, experience and stories over a piece of cake or a pint. People camp together and eat together, to help foster that community spirit.

We don't have traditional headline speakers, because we believe everyone has a story to tell. Whether you've cycled round the world or just cycled a couple of miles up the road, adventure is personal to you. As a result, we've built up a wonderful tribe of friends over the years, and it's a truly special event.

It helps that the event is organised by volunteers and we have very little commercial involvement. Any commercial entities which come along are fully involved as speakers and presenters: no-one is there to simply sell you more stuff.

It is very tricky to replicate this community vibe over a virtual platforms. However, we can try. As well as virtual 'cake breaks' over Zoom, we have set up a Slack space to be used over the course of the weekend, we're asking people to contribute to a festival 'zine' and of course there's always social media.

### Slack: conversations

Slack is an online space where the CTF community can get together during the festival to share knowledge, experience and stories.

The next page explains more about using Slack.

Join [here](#) (it's free).

### Contribute to our zine

Help us create a permanent record of this year's Cycle Touring Festival by contributing to our collaborative zine about cycle touring. A zine is a home spun, small circulation, DIY publication – often a pamphlet or booklet. Lilith and Abi from the [Edinburgh Zine Library](#) are leading the creation of our very own Festival zine. See page 13 for their [short film](#) or have a look at their website [here](#). It's a great way of keeping people entertained during lockdown! We will publicise the completed zine after the Festival weekend.

### Facebook & Twitter

Facebook needs no introduction. If you've not yet joined our Facebook page, you can do so [here](#).

You can also find us on Twitter [here](#). Tag us during the festival with [#cycletourfest](#)

# Technical help

*Need help getting started?*

## **Zoom: live events**

The live sessions are all run through Zoom. You don't need a Zoom account to take part in any webinars or meetings: just click on the link to register and you'll be emailed the link to join the session.

### **Zoom webinars**

With webinars, as an attendee, you'll be able to see the speaker, but won't be able to speak, unless the host invites you to. You can put questions to the speaker and 'chat' with other participants, in writing. No-one else will be able to see you on screen.

### **Zoom meetings**

Where we have marked something as a 'Zoom meeting', you can choose to show your video and you'll be able to chat verbally to other people on the call (unless muted by the host).

This is all new to us, and it's been a steep learning curve over the last three weeks getting to grips with the technology. Please bear with us if there are any technical glitches – we'll do our best to sort them out.

We'll be offering a quick guide to Slack and Zoom during our introduction session at 9am on Saturday morning. This will be recorded and made available on our Facebook group if you're struggling.

## **Slack: conversations**

Slack is an online space where the CTF community can get together to share knowledge, experience and stories.

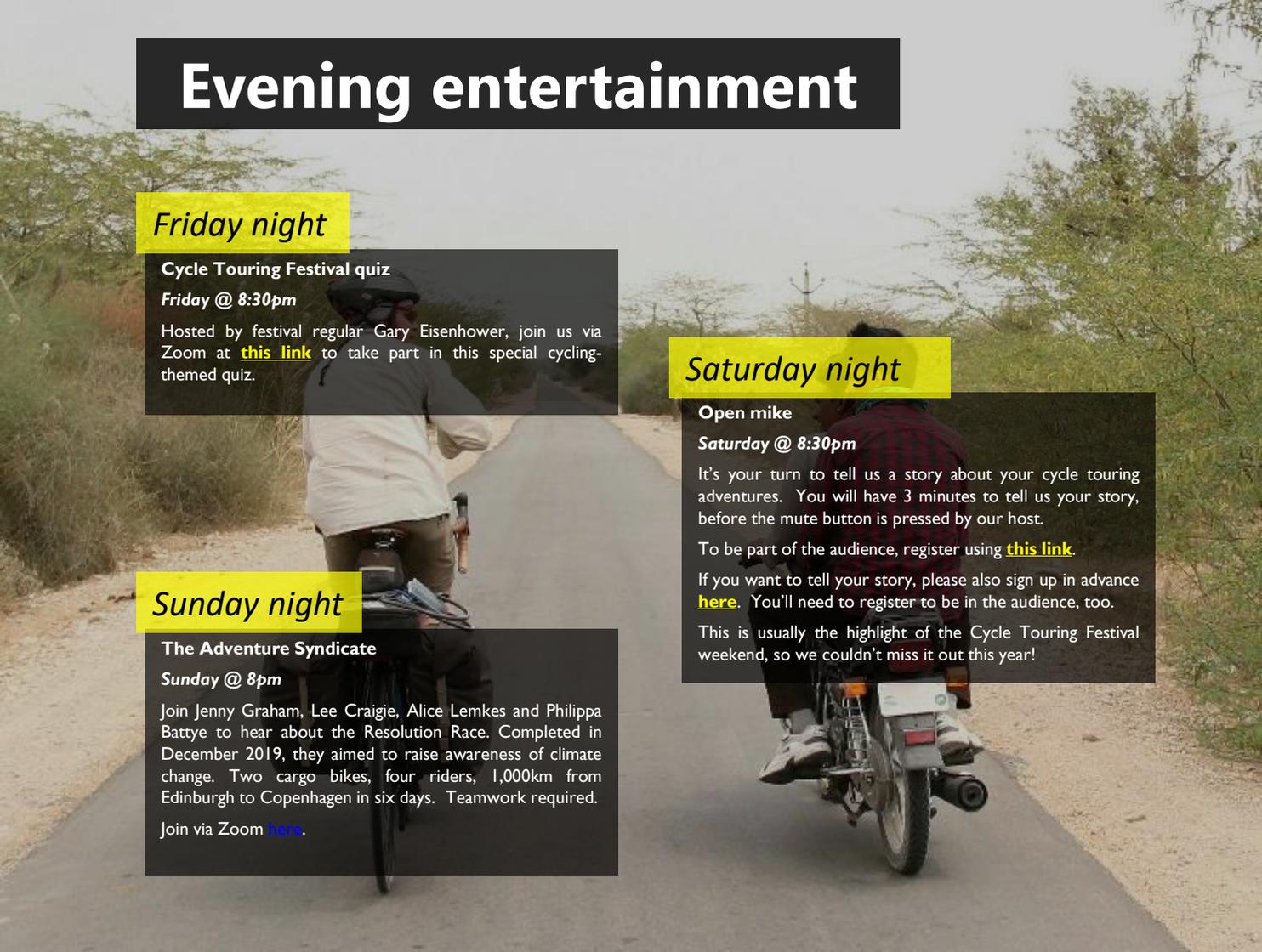
There are loads of different topics (or 'channels') to discuss, or you can start your own.

Some ideas to get you started:

- If you are using your allotted exercise time to head out on a ride, why not share a ride photo with us when you get back?
- Burning question about kit or route planning? Ask away on Slack.
- Something during one of the webinars inspired you? See if anyone else feels the same.
- Looking for people to ride with? Put a shout-out on Slack.

Join Slack [here](#) (it's free).

# Evening entertainment



## Friday night

### Cycle Touring Festival quiz

Friday @ 8:30pm

Hosted by festival regular Gary Eisenhower, join us via Zoom at [this link](#) to take part in this special cycling-themed quiz.

## Saturday night

### Open mike

Saturday @ 8:30pm

It's your turn to tell us a story about your cycle touring adventures. You will have 3 minutes to tell us your story, before the mute button is pressed by our host.

To be part of the audience, register using [this link](#).

If you want to tell your story, please also sign up in advance [here](#). You'll need to register to be in the audience, too.

This is usually the highlight of the Cycle Touring Festival weekend, so we couldn't miss it out this year!

## Sunday night

### The Adventure Syndicate

Sunday @ 8pm

Join Jenny Graham, Lee Craigie, Alice Lemkes and Philippa Batty to hear about the Resolution Race. Completed in December 2019, they aimed to raise awareness of climate change. Two cargo bikes, four riders, 1,000km from Edinburgh to Copenhagen in six days. Teamwork required.

Join via Zoom [here](#).

# It's all free

*But if you want to spend some money...*

## Donate

The festival is, and always has been, run by volunteers. This means our overheads are very low, especially in this virtual environment, and we are able to offer all events free of charge this year.

However, we would be so grateful if you could please consider making a donation to the National Emergencies Trust Coronavirus Appeal in return for the work we have put into pulling it together. All money raised from the appeal is distributed via local charities across the UK, to help people affected by the coronavirus pandemic. If you can spare some cash, please donate [here](#).

## Merchandise

Buy your CTF-branded t-shirts and stem caps, exclusively available through our website until the end of April.

All profits go to the Coronavirus Appeal.

[Buy them here.](#)



# Saturday

## Live events – Saturday 25 April

**9am** (webinar)

### Introduction to the Virtual Cycle Touring Festival

Laura Moss

[cycletouringfestival.co.uk](http://cycletouringfestival.co.uk)

A short session to welcome you to the festival, and talk through some of the features of the weekend. Recommended for technophobes and anyone unsure about how to join our virtual events. We'll record this and make it available to late risers via our Facebook page.

[Sign up here](#)

**10am – 11am** (webinar)

### Are You Lost: Bikerafting in Greenland

Huw Oliver and Annie Le

[topofests.com](http://topofests.com)

A slideshow presentation of a trip to western Greenland in 2018, using fatbikes and packrafts to piece together an adventurous, two-week route adventure along fjords, rolling across tundra and riding muskox trails. Not the average bike tour perhaps, with all the same things that make bicycle travel addictive and unforgettable!

[Sign up here](#)

**11.30am – 12.30pm** (webinar)

### Trans Pennine Trail: a family version

Louise & Jem Clines

[ecofamilytravel.co.uk](http://ecofamilytravel.co.uk)

We got a slow, close-up look at the TPT as 2 adults, a 7 year old and a 9 year old rumbling along for 10 days and nights. This was no lightweight trip, or race, but we found out plenty about how to keep such an age range occupied without too much exasperation—and how not to!

[Sign up here](#)

**12pm – 1pm** (Twitter Q&A)

### Can a bike ride help change the world?

Julian Sayerer, Kate Rawles and Stephen Fabes

[juliansayerer.com](http://juliansayerer.com)  
[outdoorphilosophy.co.uk](http://outdoorphilosophy.co.uk)  
[cyclingthe6.com](http://cyclingthe6.com)

Join author and journalist Julian Sayerer, environmental activist Kate Rawles and cycling doctor Stephen Fabes, as they explore whether a bike ride can help change the world. Julian uses travel to investigate global issues through local stories, and has recently published a new book about cycling through Israel and Palestine, 'Fifty Miles Wide' (order now through his website). Kate wrote 'The Carbon Cycle' about her bike journey across North America, exploring attitudes to climate change, and has recently completed 'The Life Cycle', a bike ride through South America exploring biodiversity loss. Stephen spent six years riding round the world, spending time in marginalised communities which face monumental healthcare challenges.

[Join the debate on Twitter here](#)

**12.30pm – 1.30pm: virtual cake break (BYO)** (Zoom meeting)

It wouldn't be a cycling event without plenty of cake. Join us on Zoom at 12.30pm on Saturday for a virtual cake break. After a short introduction from us, we'll have 'breakout' rooms where you can go and discuss different topics in smaller groups.

Why not share your favourite cake recipes on Slack? (Max 100 participants).

[Sign up here](#)

# Saturday

## Live events – Saturday 25 April (continued)

**2pm – 3pm** (webinar)

**Bizarre Britain**  
Rob Ainsley  
[@realcycling](#)

70 of Britain's oddest cycle-touring sights: tunnels, bridges, towpaths, hills, ferries, roads, hostels, bike parking and signposts.

[Sign up here](#)

**4pm – 5pm** (webinar)

**Spain and Portugal... on a Bike Called Wanda**  
Andrew Sykes  
[CyclingEurope.org](#)

A flight-free cycle across Spain & Portugal, via the Isle of Wight (& lots of ferries and trains).

[Sign up here](#)

**7pm – 8pm** (webinar)

**Adventure on your doorstep: Cycling the Great North Trail**  
Duncan Dollimore & Sophie Gordon (Cycling UK)  
[cyclinguk.org](#)

In summer 2019 Cycling UK launched the Great North Trail, an 800-mile off-road route from the Peak District to the north coast of Scotland. The route offers something for everyone, so whether it's for an epic long-distance challenge, a weekend away, or a fantastic day out, find an adventure with us. You'll also be the first to hear about Cycling UK's newest long-distance trail launching this summer – King Alfred's Way, a 220-mile loop around the heart of historic Wessex.

[Sign up here](#)

**8.30pm** (interactive webinar)

**Open mike**  
You!

It's your turn to tell us a story about your cycle touring adventures. You will have 3 minutes to tell us your story. Sign up in advance – and don't forget to sign up to be in the audience, too!

[Sign up to be in the audience here](#)

[Sign up to take part here](#)

# Sunday

Live events – Sunday 26 April

10am – 11am (webinar)

## The Life Changing Magic of the Cycle Touring Festival

Wendy Badger

[@badgers\\_tale](#)

Panic, dread and jet lag pulsed through me as I dragged my pedals to Clitheroe for the 2018 Cycle Touring Festival. Terrified, I had just arrived solo from Australia to begin a 6 month cycle tour, little did I know that magical weekend would change my life...

[Sign up here](#)

11am – 12pm (webinar)

## Plan Your Perfect Route With Komoot

Eleanor Jaskowska

[@DrElJaskowska](#)

Take the chance to get inspired and start dreaming about – and importantly, planning – future adventures. For millions of people, Komoot is the key to the great outdoors. UK Community Manager Eleanor will take you through the route planner, showing you how to find everything from finding campsites to local beauty spots.

[Sign up here](#)

12pm – 1pm (Twitter Q&A)

## Flight free adventures and taking your bike by train

Anna Hughes, Debs Butler and Louise Clines & family

[@EatSleepCycle](#) / [@brakesandcakes](#) /

[@EcoFamilyTravel](#)

As the director of Flight Free UK, Anna doesn't fly, and both Debs and the Clines family have completed impressively long bike journeys using trains and ferries. Join them as they discuss the logistics and route ideas.

[Join the debate on Twitter here](#)

Enjoying the programme? Please consider donating to the Coronavirus appeal in return. [Donate here.](#)

# Sunday

## Live events – Sunday 26 April (continued)

**2pm – 3pm** (webinar)

### Cycle Touring Islands

Mikel Bringas

[bizibidaia.wordpress.com](http://bizibidaia.wordpress.com)

On our family cycle trips, we have visited some islands of five continents, and we want to share the beauty that they have offered us.

[Sign up here](#)

**3pm – 4pm** (Twitter Q&A)

### Top tips for cycle touring kit

Tim Moss & others

[@NextChallenge](https://twitter.com/NextChallenge)

Confused about camping or cycling kit? Ask our experts your questions over Twitter.

[Join the discussion on Twitter here](#)

**4pm – 5pm** (webinar)

### Flight-free bicycle adventures

Debs Butler

[brakesandcakes.org](http://brakesandcakes.org)

Trip ideas and practical for adventures long and short with two wheels but no wings.

[Sign up here](#)

**8pm – 9pm** (webinar)

### Resolution race for climate change

Jenny Graham & Lee Craigie (The Adventure Syndicate)

[theadventuresyndicate.com](http://theadventuresyndicate.com)

The story of four female endurance cyclists, riding two cargo bikes for 1000 km. The purpose of the journey was to highlight the urgent need for people to work together to tackle climate change. They set off from Edinburgh on 26 December, arriving in Copenhagen six days later, just in time to celebrate New Year's Eve. While one person rode, the other sat on the front of the bike as cargo, swapping every hour to manage the fatigue from the riding and the cold from the sitting. No electric assist, no vehicle support, entirely self-supported: just team work.

[Sign up here](#)

# Anytime

*Talks you can watch at any time (1/3)*

Details	Description	Link to view
<b>Riding the Silk Road Mountain Race</b> Pete McNeil (1:00:21) <a href="http://adventurepedlars.com">adventurepedlars.com</a>	Shortly after returning from Kyrgyzstan, having been one of the few riders to complete the 1,700km off-road self-supported bikepacking race, Pete McNeil of Adventure Pedlars unpicks his experience in front of Alpkit's Big Shakeout Festival crowd. Featuring exclusive race footage, Pete gets to the bottom of the big question: "Why on Earth take on something like this?"	<a href="#">View on YouTube here</a>
<b>'and the aftermath is troubling...Quondam, Travels in a Once World'</b> John Devoy (34:39) <a href="http://johndevoyauthor.com">johndevoyauthor.com</a>	After an extensive solo cycling journey, particularly if it turns out to be a seminal experience, returning 'home' can present unanticipated challenges.	<a href="#">View on YouTube here</a>
<b>Life Cycle Biodiversity Bike Ride</b> Kate Rawles (01:05:22) <a href="http://outdoorphilosophy.co.uk">outdoorphilosophy.co.uk</a>	Cycling the length of the Andes on a bamboo bike exploring biodiversity loss as a major environmental issue. Relive Kate's monumental journey from the top to the foot of South America on a bicycle made of bamboo.	<a href="#">View on YouTube here</a>
<b>Make your own tarp</b> Brenda Cupryna / Barry Godin (00:14:38) <a href="http://cycletouringfestival.co.uk">cycletouringfestival.co.uk</a> / <a href="#">@BarryGodin</a>	View this short lecture about making your own tarp, filmed by Barry Godin at the Cycle Touring Festival in 2019.	<a href="#">View on YouTube here</a>

# Anytime

*Talks you can watch at any time (2/3)*



Details	Description	Link to view
<b>A Literary Tour of the North of England: from Jane Eyre to Dracula</b> Caroline Burrows (00:46:58) <a href="#">@VerseCycle</a>	Our favourite cycling poet, Caroline Burrows will describe her literary cycling tour of the North of England, from Middle Earth to Wuthering Heights and Dracula.	<a href="#">View on YouTube here</a>
<b>Forging the Oyster Wheel</b> Tim Boden (15:02) <a href="#">oysterwheel.wordpress.com</a>	The story of how the Oysterwheel was built together with recommendations for anyone trying to build their own multi day route. You can also view a draft electronic guidebook for the Oysterwheel, including route descriptions for each of the 8 days, <a href="#">here</a> .	<a href="#">View on YouTube here</a>
<b>Zine Making 101</b> Lilith Cooper & Abi Melton (00:30:19) <a href="#">@gearsforqueers</a>	Led by Lilith and Abi of Gears for Queers, this zine workshop will take you through the basics of zines, and how to make a page for the collaborative digital Cycle Touring Festival zine!	<a href="#">View on YouTube here</a>
<b>With the Sun on Our Right</b> Tim & Laura Moss (01:05:09) <a href="#">thenextchallenge.org</a>	Tim and Laura quit their jobs to cycle 13,000 miles around the world. But this is not a talk about cycling. It is a talk about the world and its people. From Turkey to Thailand and Oman to Japan, complete strangers invited these two grubby cyclists into their homes at the drop of a hat, offering the pair a unique and privileged insight into the lives of people from all walks of life.	<a href="#">Watch on Vimeo here</a>

# Anytime

*Talks you can watch at any time (3/3)*

Details	Description	Link to view
<b>Cycling UK films</b>  <i>Did you know Cycling UK are currently offering NHS staff free membership? Find out more <a href="#">here</a>.</i>	Two ways to set up a tarp shelter using your bike when there's no other structures	<a href="#">View on You Tube here</a>
	How to join the Cape Wrath Fellowship	<a href="#">View on You Tube here</a>
	A short bikepacking microadventure in the Surrey Hills	<a href="#">View on You Tube here</a>
	<b>Bike maintenance</b> 7 short films available, including roadside repairs, how to adjust bicycle brakes, adjusting gears, how to repair a broken bicycle chain, how to repair a puncture, tubeless tyres made easy(ish) and simple tips to keep your bike in shape.	<a href="#">View on You Tube here</a>



Enjoying the programme?  
Please consider donating to the  
Coronavirus appeal in return.  
[Donate here.](#)

# Podcasts

*Listen any time you like*



Details	Description	Link to view
<b>The Man Who Cycled the World (Twice)</b> Andrew Sykes interviews Mark Beaumont <i>(podcast)</i> <i>(00:48:03)</i>	Andrew Sykes started a cycle touring podcast back in 2017. Since its inception, he has featured many people with fascinating stories to tell; people who have cycled across the world, people who have inspired others, people who have displayed their passion for cycling in some extraordinary ways. But the guest on this episode of the podcast eclipses almost all others when it comes to long-distance cycling achievement.	<a href="#"><u>Listen to all Andrew's podcasts here</u></a>
<b>The Woman Who Cycled the World: The Jenny Graham podcasts</b> Jenny Graham talks about her world breaking ride <i>(podcast)</i> <i>(various)</i>	The Jenny Graham Podcast tells the story of an ordinary woman who took on the world... in record breaking time! Last summer 'Adventure Syndicate' Director Jenny Graham became the fastest woman to circumnavigate the planet by bike. She travelled solo and self supported. These podcasts are a combination of audio diaries and post trip interviews which give you a true insight into the world of an ultra endurance adventurer.	<a href="#"><u>Listen to the series here</u></a>
<b>Living Adventurously</b> Alastair Humphreys <i>(podcast)</i> <i>(various)</i>	Back in Al's glory days, he spent 4 years cycling around the world. Ever since then he's been interested in the idea of Living Adventurously. But the definition of Living Adventurously differs for everyone. And it also changes over time, as our lives and circumstances change. So he decided to get back on my bike and spend a month asking different people what living adventurously means to them....	<a href="#"><u>Listen to the series here</u></a>

# Films

## The Cycle Touring Festival film programme (1/3)

Who	Title	Description	Link	Length
Jenny Tough	Go Solo - You've Got This (Bikepacking Nepal)	A beautifully engaging short film based on Jenny's trip solo trip to the Nepalese Himalayas. It didn't all go to plan, but she had an amazing time full of opportunities to learn and grow.	<a href="#">View here</a>	5 mins
Alastair Humphreys and his Brompton	Suilven: Escape The City And Explore	Adventurer Alastair Humphreys takes the new Brompton Explore Edition on a special weekend tour to the Scottish Highlands. Working with the filmmaker Tem, he created this captivating short film.	<a href="#">View here</a>	7 mins
Tristan Bogaard	Why we Cycle	In 2018, Tristan cycled along famed 'Pamir Highway', through Kyrgyzstan and Tajikistan asking the many cyclists he met along the way - 'why do you cycle?' This inspiring short film is the result.	<a href="#">View here</a>	4 mins
Pannier and Brother cycles	Rainspotting	We join the Pannier crew for an 84-Hour Bikepacking ramble through Scotland's Grampians. In this well-crafted film, expect sleeper trains, snow, rain, magical Munro mountains, gravel, bogs and bridges.	<a href="#">View here</a>	17 mins
Andrew P. Sykes	Santander to Coimbra 2019	Andrew treats us to some of the highlights of his two-week adventure across the Iberian Peninsula to Coimbra in Portugal. This lovely meditative film takes us along the path-less-travelled, weaving through the remote Picos de Europa, into Portugal's spectacular Douro Valley and then onwards to the Atlantic Ocean.	<a href="#">View here</a>	31 mins
DJI Supertramp	Bikepacking the Cairngorms	A father and son share their fatbike bikepacking trip in Scotland in very challenging weather conditions. Certainly one to watch whilst in the warmth of our spring sunshine!	<a href="#">View here</a>	8mins
Bombtrack Bicycle Co.	The Analog Kids	An endearing film of father Clem and his son Lubin as they travel by bike across familiar and new territory: crossing wild rivers, navigating through thick woods and climbing seemingly endless hills, finishing their days roasting home-made stick bread over their own bonfire.	<a href="#">View here</a>	14 mins

# Films

## The Cycle Touring Festival film programme (2/3)

Who	Title	Description	Link	Length
<b>El Flamingo Films</b>	Ice & Palms	An adventurous bikepacking across the alps mixed with skiing some of the most iconic mountains along the way. This breath-taking trip from southern Germany to the Mediterranean Sea is not for the fainthearted.	<a href="#">View here</a>	32 mins
<b>Wilderness Scotland</b>	Women in the Wild	Five years ago, Jenny Graham had never done any competitive cycling - she now holds the world record for the fastest woman to cycle around the world unsupported. In this short film, Jenny talks about her first Highland Trail 550 race and how this experience eventually led to her undertake that record-breaking trip.	<a href="#">View here</a>	4 mins
<b>Dan Clark</b>	Simply Propelled: The Canadian North	Another look at Dan's inventive and dreamlike film capturing his family's nine-month ride along the divide of North America.	<a href="#">View here</a>	15 mins
<b>Ben Page</b>	The Frozen Road	We revisit Ben's award-winning film that captures the wonder, terror and frustration that he experienced when riding through the unforgiving emptiness of one of the world's last great wildernesses.	<a href="#">View here</a>	25 mins
<b>teamBMC / The Adventure Syndicate</b>	Should	'Should' examines the challenges that teenage girls face as they battle the pressures to conform to society's ideas of what girls should be like. With bikes and the Adventure Syndicate's positive role models they find the freedom and courage that comes from adventuring outdoors.	<a href="#">View here</a>	7 mins
<b>Rapha Films</b>	GBDuro 2019 – EF Gone Racing	Lachlan Morton set off from Land's End on the 2,000km mostly off-road race that joins the UK's furthest points. This compelling film captures the highs and lows of such a trip, and the endurance needed to get to the end.	<a href="#">View here</a>	32 mins
<b>Crank and cog</b>	Cycle tour of Iceland.	A one-minute film capturing the essence of a cycle tour through Iceland's magical landscapes.	<a href="#">View here</a>	1 min

# Films

## The Cycle Touring Festival film programme (3/3)

Who	Title	Description	Link	Length
<b>PEdALED</b>	Wild Horses, The Silk Road Mountain Race documentary.	A beautifully filmed glimpse into the epic Silk Road Mountain Race, telling some of the riders' stories.	<a href="#">View here</a>	28 mins
<b>Alastair Humphreys</b>	Mountain bikes and bothy nights	An imaginary journey round Scotland, linking together wild bothies and landscapes. And don't ask for the locations of these bothies – you won't be told!	<a href="#">View here</a>	9 mins
<b>Jolan Berard</b>	42° Goings and comings: 1,657km through Spain on a cargo bike	Having spent one year in Paris as a bike messenger, Jolan discovered cargo bikes and how they can easily replace a car in the city. He wanted to test if it was really as good to travel for long journeys, so spent 20 days cycling the Saint James Way in Spain. This short film is the result.	<a href="#">View here</a>	20 mins
<b>Cicerone Press</b>	Riding the Coast to Coast	Riding the Coast to Coast: Whitehaven to Tynemouth. A short film from a Cicerone author about making the journey.	<a href="#">View here</a>	5 mins
<b>Michael Whitty</b>	36,525 Days	Three things you need to know about Mic Whitty's current cycling tour: 1. He started in Ambleside on Sunday, 01st November 2015. 2. He will finish at Bristol Cathedral on Tuesday 15th August 2045. 3. Along the way, he will cycle to each of the 25,630 Commonwealth War Grave locations on the planet. "36525 Days" is a documentary about the first three years...	<a href="#">View here</a>	1 hr 7 mins
<b>Anna Hughes</b>	Le Cingles du Ventoux	In September I cycled across France from Dieppe to Nice, stopping at Mont Ventoux along the way to complete all three ascents in one day.	<a href="#">View here</a>	9 mins
<b>Barry Godin</b>	Inspiration	We close this year's CTF Virtual Film Programme with Barry's own short and inspiring film where he shares his boundless enthusiasm and passion for cycling adventures - large and small.	<a href="#">View here</a>	2 mins